

# RELAUNCH CONSIDERATIONS



## Guidelines and our Commitment to provide you a Safe and Healthy Environment!

Please read our response to commonly asked questions regarding safety precautions taken during the relaunch for Phase 2.

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### Distancing Measures

*Q: How will you ensure people maintain 2 metres between each other? Do you need to maintain directional traffic flow? How would you limit congregating (e.g., in break rooms, communal spaces, rest areas, etc.)? How will you limit the overall number of people in your space? Refer to the Personal Protective Equipment (PPE) section to mitigate the risk of transmission when 2 metre distancing cannot be maintained.*

We encourage students to enter the building and Dojang (training area) one at a time. 2 metre distancing will be implemented in the Dojang with marked lines so that students know where to stand. We will have dedicated one-way entrance and exit doors to maintain the traffic flow and to avoid students from inadvertently interacting. At this time, locker rooms and locker usage will be not available; in addition, spectating will not be available.

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### Cleaning

*Q: How will cleaning on high touch surfaces be maintained in your location (e.g., bathroom, chairs, doorknobs, break rooms)? How will you train and ensure workers or volunteers keep equipment clean? If you are a business, how will work surfaces, order screens, debit machines and cash registers be cleaned?*

We will be using a Stabilised Aqueous Ozone (SAO) which is a toxic free alternative to cleaning chemicals used for cleaning and sanitizing all areas including, training mats, doors, windows, work surfaces, countertops, door knobs, etc. We have allocated 20 minutes in between each class in order to wipe down all contact surfaces and equipment as well as, common area, entrance/exit, and washrooms. Sanitizing and disinfecting will be done at an increased frequency.

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### Screening for Symptoms

*Q: How will you be aware of symptoms in staff, customers, congregants or volunteers, such as fever, sore throat, cough, runny nose or difficulty breathing? Have you provided education or communication of self-monitoring of symptoms? Have you identified a space where staff or volunteers can be separated from others if they develop symptoms? Have you considered what you would do if you see increased absenteeism due to illness or isolation requirements? Have you considered absenteeism policies that encourage staff members or volunteers to stay home when ill, in quarantine (self-isolation), or if they are taking care of children or someone who is ill? Are you maintaining a log of staff or volunteer attendance? What is your response plan for staff who come to work with symptoms?*

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All students, parents, and staff who arrive at our facility will be asked to fill out the Alberta Health Daily checklist prior to entering. For anyone who show or identify with any of the symptoms they will be asked to return to their home so they can self isolate and monitor themselves. They may return when it is safe to do so. Please see our informational posters regarding symptoms and ways to avoid contact and spreading.

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## Personal Protective Equipment (PPE)

*Q: How will you promote PPE use (e.g., masks or gloves) when people are unable to be 2 metres apart? If 2 metres cannot be maintained and PPE is necessary, where would you obtain it? Have you considered installing physical barriers (e.g., acrylic plastic window or high-walled cubicle) to reduce exposure when 2-metre distancing is hard to maintain?*

We will have new, disposable masks and gloves on site (limited quantity) if anyone requires PPE use due to unspecified reasons. At this time, we ask that parents and families do not congregate in the reception; no spectating will be allowed due to the small amount of space available. Should you need to speak to a staff member, we ask that you stand on the marked lines in order to keep the 2 metre distance.

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## Responsibilities

*Q: Who will be responsible for ensuring staff, customers, congregants and volunteers are following your precautions? Have you updated contact information for staff and volunteers so that they can be notified in the event of a known exposure? What would your approach be if you had to manage a situation where there was apparent non-compliance with your plans/direction?*

We take the health and safety of our students, staff and community very seriously. All of our staff are well informed and trained regarding the practices and guidance of the COVID relaunch protocols. We have appointed our Office Admin to carefully and instinctively monitor all precautions on a daily basis. Our contact information remains the same and is open for anyone to contact us regarding urgent matters including, any exposures that may have been identified. Should we see anyone that is not following precautions and COVID guidance, they will be verbally warned, followed by a request to remove themselves from our facility. Again, we take this matter seriously and are looking out for the health and safety of our Taekwondo community.